

OCTOBER | 2020



JMMS/JMHS MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|--|---|--|---|--|
| 28 | 29 | 30 | 1 Philly Steak Sandwich with Mozzarella Steamed Carrots Crispy Fries Choice of Fruit | 2 Chicken Alfredo Green Beans Punch Fruitable Dinner Roll w/Butter Choice of Fruit |
| 5 Fiesta Refried Beans Sweet Corn Choice of Fruit | 6 Chicken Nuggets Mashed Potatoes Gravy Fresh Peas Choice of Fruit | 7 Pizza Hut Fresh Salad Baby Carrots & Dip Chocolate Gripz Choice of Fruit | 8 Cheeseburger Waffle Fries Baked Beans Choice of Fruit | 9 NEOEA Day No Classes |
| 12 Pepperoni Calzone Marinara Sauce Cup Steamed Carrots Choice of Fruit | 13 Loaded Nachos with Beef & Cheese Corn Spanish Rice Choice of Fruit | 14 Gionino's Pizza Fresh Salad Green Beans Double Choc. Cookie Choice of Fruit | 15 Chicken Wrap Crispy Fries Peas Choice of Fruit | 16 Mac & Cheese Broccoli Punch Fruitable Choc. Elf Crackers Choice of Fruit |
| 19 Pancakes & Sausage Hash Browns Yogurt Cup Choice of Fruit | 20 Spaghetti & Meatballs Green Beans Garlic Breadstick Choice of Fruit | 21 Papa John's Pizza Fresh Salad Baby Carrots & Dip Heartzels Choice of Fruit | 22 BBQ Rib Sandwich Baked Beans Curly Fries Choice of Fruit | 23 Chicken Sandwich Cheesy Potatoes Fresh Peas Choice of Fruit |
| 26 Pepperoni Sticks Marinara Sauce Cup Steamed Carrots Choice of Fruit | 27 Grilled Cheese on a Pretzel Bun Tomato Soup Green Beans Choice of Fruit | 28 Domino's Pizza Fresh Salad Celery & PB Goldfish Crackers Choice of Fruit | 29 Crispy Drumsticks Mashed Potatoes Gravy Corn Choice of Fruit | 30 Mac & Cheese Broccoli Punch Fruitable Smiley Fries Choice of Fruit |

Breakfast - \$1.50
Reduced - .30

Lunch - \$2.95
Reduced - .40

Milk - .50
(served with every meal)

Daily Substitutions:
A La Carte Item
PB&J
Salad with Pretzels

Soup & Salad Bar:
Served every
Tuesday & Wednesday

The USDA is an equal
opportunity provider.

Menu subject to change